

## Chris' Great Protein Coffees - Served Cold!

**Portion / Measurement terms:** 

100% means 100%.

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50/50 means half and half.									
Tbsp. means tablespoon.									
Step 1		;	Step 3						
Choose Your Protein Coffee			Add Protein & Blend						
	Building the Love Add Protein & Blend								
The Coffee Name		The	The Final Touch						
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14/1 14 14 14 14 14 14 14 14 14 14 14 14 14	A1	<u>400ml</u>	0.5	4.0	Powders:	4.0			
White Wonder Latte	Almond Milk	100%	Coffee Granules	1 tbsp	Whey Protein (Vanilla)	1 tbsp			
			Add extra coffee for		Add an extra half of full				
			your pleasure.		tbsp for your pleasure.				
Chocolate Miracle Latte	Chocolate Oat Milk	100%	Coffee Granules	1 tbsp	Whey Protein (Vanilla)	1 tbsp			
	1 1 1		Add extra coffee for		Add an extra half of full				
			your pleasure.		tbsp for your pleasure.				
White-Choco Wish Latte	Almond Milk Chocolate Oat Milk	50% 50%	Coffee Granules		Whey Protein (Vanilla)	1 tbsp			
			Add extra coffee for your pleasure.		Add an extra half of full tbsp for your pleasure.				
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## Build Your Own Protein Coffee

## 100+ Different Protein Coffee Combos - Served Cold!

## Portion / Measurement terms:

100% means 100%.

50/50 means half and half.

Tbsp. means tablespoon.

Tsp. means teaspoon

Step 1 Add 1st Base		Step 2 Add 2nd Base		Step 3 Add Your Bitter		Step 4 Only If You Dare		Step 5 Add Protein & Blend	
First Base		Second Base		The Coffee Taste		Risk Some fun		The Final Touch	
Base 1: Almond Milk Oat Milk Chocolate Oat Milk Soya Milk Cashew Milk Rice Milk Cows Milk Just Water  With dairy products, go vegan and vegetarian when preferred.	200ml 100% 100% 100% 100% 100% 100%	Base 2: Almond Milk Oat Milk Chocolate Oat Milk Soya Milk Cashew Milk Rice Milk Cows Milk Just Water  With dairy products, go vegan and vegetarian when preferred.	200ml 100% 100% 100% 100% 100% 100%	Coffee Granules Decaf Granules Chicory  Add extra coffee or chicory for your pleasure.	1 tbsp 1 tbsp 1 tbsp	Fun ideas: Banana Almonds Cashew Nuts Peanut Butter Chia Seeds or Thanks, but no thanks!	1 10 10 1 tbsp 1 tsp	Protein Powder: Vanilla Chocolate Chocolate Malt Coffee Cookie Mocho Cap Choc Peanut Salted Caramel Oreo  Add an extra half of full tbsp for your pleasure.  With regards to protein powders, avoid using weight gainers.	1 tbsp 1 tbsp 1 tbsp 1 tbsp 1 tbsp 1 tbsp 1 tbsp 1 tbsp